

*Featuring:*

**Kristin Biggins, OTR/L, CHT** has been practicing occupational therapy for 18 years. In addition, she has taught yoga for 3 years and has completed extensive additional coursework to become a yoga therapist, and will satisfy these credentials with the completion of her research project in therapeutic yoga and carpal tunnel. She lives with her family in Ketchum, Idaho where she is the site manager for St. Luke's Idaho Elks Rehabilitation at Wood River.

**Eric Burbach, OTR/L, CHT** grew up in Nebraska and attended OT school at Creighton University. He has worked in Fairbanks, Alaska and Boise, Idaho since 1997. He has been a certified hand therapist for six years and enjoys the outdoor life that Idaho has to offer, especially spending time in the mountains with his wife and 3-year old son.

**Carmal Chrisman, OTR/L** graduated from Creighton University in Omaha, NE in 1999. She started working in hand therapy in 2005 in Boise. Since the end of 2005 she has been a PRN therapist working for various hand clinics, acute care in the hospitals and in skilled nursing facilities in the Treasure Valley.

**Michael J. Curtin, M.D.** graduated from Yale University, where he was a two-sport athlete in football and track. He joined Intermountain Orthopaedics in 2002 where he specializes in sports medicine. He has served as the orthopedic team physician for the Colorado Rockies and Denver Broncos and was the acting director of athlete medical services for the 2002 Winter Olympic Games.

**Caren de Angelis, MA, OTR/L, CHT** is a recent Idaho transplant having moved to Boise June 2007. She is originally from the East Coast, receiving a BA from Tufts University and an MA in Occupational Therapy from New York University. She has practiced hand therapy since 1997 in various hospital, private practice and outpatient settings. She is the proud mother of two girls.

**Kris Jaques, OTR/L** graduated from Colorado State University in 1993. She has experience in pediatrics, hands, acute, skilled nursing, home health and school districts. She began practicing in hippotherapy in 1995, formed a nonprofit clinic in 2000, expanded Camp Hippo into an LLC in 2004, and became a fully independent practice in 2007.

**Janice Jean, MOTR/L** graduated from Idaho State University with a BS in Psychology and completed her MOT at Pacific University. She has been practicing for nine years in acute, home health, inpatient and outpatient rehab. She joined the Center for Orthopedic Rehab in 2005 and is now in private practice directly supporting a hand surgeon.

**Louis Murdock, M.D.** completed his undergraduate degree in history at Xavier University, completed medical school at the University of Cincinnati, and orthopedic residency at the University of Utah. He was a fellow at the University of New Mexico in Hand and Microsurgery before entering private practice in 2001—present at Intermountain Orthopaedics, Boise.

**Lesley Ruby, OTR/L, CHT** graduated from the University of Alberta, Canada in 1993. She has worked in sub acute, schools, outpatient peds, home health and outpatient neuro. She became NDT certified in 1997, specialized in hands, and certified in 2002. Lesley opened Active Hand and Physical Rehabilitation in January 2009. She is married with two children.

**Cherie Strand, OTR/L, CHT** graduated with honors from The University of Florida in 1992. She worked in Dayton OH, Phoenix AZ and has been self employed in Challis ID since 1998. Cherie's practice focuses on outpatient upper extremity patients, rural health issues and she contracts with the local school district. She was certified as a hand therapist in 2000.

**Tim Thurman, M.D.** has practiced in Idaho Falls for 11 years. His training from the Graduate University of Miami School of Medicine includes residency in general surgery, plastic surgery and hand surgery fellowship. He is a member of ASSH. Dr. Thurman is the president and co-founder of One World Medical Relief, Inc., a 501 (c)3 non-profit organization delivering health care and health related services internationally.

**Van Tran, OTR/L, CHT** graduated from San Jose State University in 1987 and became a certified hand therapist in 1991. She has practiced in hand therapy since 1996. She has experience in the treatment of trauma, arthritis, orthopaedic injuries, burns and wound, and diseases affecting upper extremities. She joined Intermountain Orthopaedics in 2005.

## Upper Extremity/Hands

Through the expertise of local surgeons, physicians, CHTs, and OT practitioners, participants will :

1. Learn current, evidence based practice in upper extremity evaluation to include basic, advanced, and alternative evaluation tools.
2. Explore treatment in various Upper Extremity conditions including lateral epicondylitis/radial nerve compression, shoulder arthroplasty, arthritis, burns, wound care, pain management and yoga integrated therapy.
3. Examine various considerations of practicing occupational therapy in the field of upper extremity rehabilitation such as owning a private practice, international humanitarian work, and keeping current with American Medical Association 6<sup>th</sup> edition